

Coaching Agreement

Client Name: _____

This coaching agreement is between _____ and the above-named client.

Investment

The investment for the agreed session(s) is \$ _____ per hour. These fees will be paid in advance of the sessions, or on a monthly basis at the discretion of the coach.

Cancellation

If you (the client) need to cancel an appointment, please provide the coach at least 24 hour's notice or you will be charged for the appointment.

Working Together

I (the coach) work from the belief that you (the client) will always remain in the best position to make the choices that are right for you, your situation and the context you're operating within. I will always hold you in full esteem.

I assume no management responsibility for your personal and/or business decisions or for policies or practices that you actually implement. Accordingly, I will be indemnified and held harmless from any claims, demands, causes of action or litigation including, but not limited to, all costs and reasonable attorneys' fees, which may arise or be incurred by reason of the services performed by me.

Prior History

I (the coach) am not a registered psychologist, psychiatrist, or therapist. I do not engage in therapy with my coaching clients. In entering into the coaching relationship, and signing the agreement, you (the client) are agreeing that if any mental health difficulties arise during the course of the coaching relationship, you will notify me immediately so that I can discuss with you an appropriate referral.

Confidentiality

In order to realize the full potential of this agreement, a safe, trusting, non-judgmental container must be created. To ensure the appropriate relationship is built, it is understood that all conversations between Coach and Client are kept private and confidential.

Commitment

The coaching process provides a structure that facilitates emotional and belief breakthroughs with the Essential Emotions tools. The Client and Coach agree that the coaching relationship will be designed together. Coaching is for individuals that are relatively emotionally and psychologically healthy and who want to make changes and move forward in their lives. Coaching is not advice, therapy or counseling.

By entering this relationship, the Coach and Client acknowledge that the Client wants to make significant progress and change in their life.

Client Agreement

I (the above-named client) understand and agree that I am fully responsible for my personal well-being during my coaching sessions, including my choices and decisions. I understand that coaching is a comprehensive process that may involve all areas of my life, including work, finances, health, relationships, education and recreation. I acknowledge that deciding how to handle these issues, incorporate coaching into those areas, and implementing my choices are exclusively my responsibility.



I promise that if I am currently in therapy or otherwise under the care of a mental health professional, that I have consulted with the mental health care provider regarding the advisability of working with a coach and that this person is aware of my decision to proceed with the coaching relationship.

I understand that coaching is not to be used as a substitute for professional advice by legal, medical, financial, business or other qualified professionals. I will seek independent professional guidance for legal, medical, financial, business or other matters. I understand that all decisions in these areas are exclusively mine and I acknowledge that my decisions and my actions regarding them are my sole responsibility.

The signatures on this agreement indicate full understanding of the agreement as outlined above.

_____ Coaching Client / Date

_____ Coach / Date

Release of Liability

The client is aware that coaching is in no way to be construed or substituted as psychological counseling or any other type of therapy or medical advice. I will at all times exercise my best professional efforts, skills and care of ensuring my client is coached to meet their coaching goals, the client understands and acknowledges the coach will not be liable legally or otherwise, for the actions the client may or may not undertake as a result of the coaching sessions. No assumption of responsibility is made, or given, and the client requesting such advice agrees not to hold me responsible or liable in any form or fashion, for such actions taken of their own accord. The method and process by which this advice and direction are given in no manner whatsoever, written or verbal, constitutes an agreement or liability on the part of the provider and is acknowledged to be different in many ways than clinical and medical counseling. The client enters into coaching with full understanding that they are responsible for creating their own results.

Periodically, I may provide links to other websites or written print material which may be of value, interest and convenience to you. This does not constitute endorsement of material at those sites or any associated organization, product, or service. It is the responsibility of the user to make their own informed decision about the accuracy of the information at those sites and print material including their privacy policies. In no event shall "coach" be liable for any incident or consequential damages resulting from use of the material.

_____ Client / Date

